



## BASIC LIFE SUPPORT AND AED INSTRUCTOR

**TRAINING TYPE**  
Face to face

**AVAILABILITY**  
On site

**COURSE TIME**  
One day

### RELATED COURSES

Intermediate Life Support



Basic Life Support Level 2



12 Lead ECG Online



## OVERVIEW

This course is for anyone who wishes to deliver adult and paediatric Basic Life Support and AED training to others in their organisation or in the community. The course covers the recommended delivery method for Basic Life Support teaching and how to accommodate adult learning styles. The course lasts one day and consists of interactive lectures, demonstrations of the skills required to be a good BLS and AED instructor and an assessment of the teaching style. This course had been developed in line with the Resuscitation Council (UK) guidelines.

## OBJECTIVES

At the end of the course, the learner will be able to:

- Demonstrate proficiency in Adult and Paediatric BLS delivery along with Pocket masks, choking and the recovery position
- Describe the role of the Resuscitation Council
- Apply and use methods of teaching and assessing in the delivery of training
- Use the equipment and teaching materials required to deliver BLS training

## FURTHER INFORMATION

This course is suitable for anyone either clinical or non-clinical staff, but all candidates should already have a good understanding of Basic Life Support.

## CONTACT US

If you require further information then please get in touch by calling 0845 423 8993, email [enquires@ecgtraining.co.uk](mailto:enquires@ecgtraining.co.uk) or visit our website [www.ecgtraining.co.uk](http://www.ecgtraining.co.uk)