



Basic Life Support Course Outline

At the end of the training the delegates will be able to:

- Recognise an adult, child or infant in cardiac arrest
- Initiate basic life support and summon appropriate help
- Know how to use a pocket mask effectively
- Recognise and treat a choking adult, child or infant
- Describe the chain of survival and the importance of defibrillation
- Place a casualty in the recovery position

Course Delivery

- Demonstration
- Discussion
- Group work under supervision
- Practical Scenarios
- Peer feedback

Course Assessment

- Demonstration of effective and appropriate Basic Life Support on a training manikin of an adult, child & infant

Suitable for

- Everyone

Other courses that can be combined with Basic Life Support

- Anaphylaxis and / or Automated External Defibrillation

Course Length: 2 ½ hours
Venue Requirement: Clean floor space

Delegates: 12 with 1 trainer, 24 with 2 trainers

To book or discuss course customisation
please contact us
on 0845 423 8993 or at
enquiries@ecgtraining.co.uk

ECG Ltd
Paddock House, The Stocks
Cosgrove, Milton Keynes MK19 7JD
www.ecgtraining.co.uk